The Most Important Lessons
Perception is reality.
“We live in a world of possibilities . . . when we believe it, we’ll see it.”

Dewitt Jones
Diversity

• Acknowledge that it is our differences that make us strong.
  • Celebrate, don’t just tolerate.
  • Look for ways to work cooperatively with others.
Connectedness

➢ Acknowledge your strengths and accommodate your weaknesses.

➢ Be responsible for both your actions and your influence.

➢ Acknowledge the success of others as though it was your own.
Resilience

• Choose an attitude that focuses on the positive.
• Believe that you can and will find a solution.
• Remember that failure leads to success because it teaches us what not to do.
Stressed Out!
The Positive Cycle

- Trauma
- Cortisol
- Attachment
- Recovery
- Reinforcement
- Resilience

Dopamine
The Negative Cycle

Trauma

Cortisol

Stress

Seeking

Dopamine

Abandonment

Toxic Stress

Change Brain Architecture

Behavioral Reaction
A child who feels loved at home, comes to school to learn.
A child who doesn’t feel loved at home, comes to school to be loved.

Terry Thoren
No significant learning occurs in the absence of a significant relationship.

Dr. James Comer
Kid’s Bond to People-Not Programs!
Key Issues

- Trauma
- Loss of enrichment opportunities
- Reduced access to educational resources
• Abuse
  • Emotional
  • Physical
  • Sexual
• Household Challenges
  • Mother treated violently
  • Household substance abuse
  • Mental illness
  • Separation/Divorce
  • Criminal member
• Neglect
  • Emotional
  • Physical

ACE Categories
Trauma Informed Teaching Practices

1. Expect Unexpected Responses
2. Employ Thoughtful Interactions
3. Be Specific About Relationship Building
4. Promote Predictability and Consistency
5. Teach Strategies to "Change the Channel"
6. Give Supportive Feedback to Reduce Negative Thinking
7. Create Islands of Competence
8. Limit Exclusionary Practices

Foster a Feeling of Safety
The Power Of Play

• Intellectual and physical play confers a host of cognitive, social, emotional and health benefits.
• Play is the learning language of children.
• Play should be an integral component of school engagement.
• Success of children is based on their ability to be creative and to apply the lessons learned from playing.

Play can mitigate stress.
GENERAL PROGRAM PROCEDURES & OPERATIONS

- Signing In / Out Students / Parent Communication
- Stable Groups
- Staff to Student Ratios
- Backpacks & Homework
- Restrooms
- Personal Hygiene: Hand Washing / Don’t touch face
- Sneezing / Coughing
- Sanitizing - Clorox 360 / Wipes
- Water Fountains / Water bottles
- Snack & Meals: Bring own snacks & lunch – emergency food, pre-packaged: Take Trash Home
- Stable Play Areas
- Moving groups from place to place
ACTIVITY IMPLEMENTATION:

• Goals
• Adaptability – steps to socially distance your activities
• Spacing / Play zones / Stable groups
• Keeping distance in activities
• Group Management: Attention Getters / Focusers
• Specific group refocusing for specific activity
• Activities, Games and Sports

What if your activity doesn’t work???
POSITIVE BEHAVIOR MANAGEMENT
Dealing with the distance without isolation.

• 6’ Rule Enforcement
• Emotion Check-ins
• Conflict Resolution
• Positive Affirmations / Good Jobs
• Greetings & goodbyes

Kinder Reminders
The Art of Wearing a Mask

http://youtu.be/x-COqSSg6Bg

General Rules

1. Keep your distance.
2. Use your own stuff.
3. Sanitize quickly.
Post COVID 19 Classrooms
Post COVID 19 Classrooms
Post COVID 19 Classrooms
Strategies for Taking in the Good

1. Appreciate the little things.
2. Find good times for good experiences. (take a walk, meals, read a book, etc.)
3. Do it your way. (Gratitude is expressed differently.)
4. Enjoy it. (Be in the moment, present.)
5. Being for yourself. (Not against others or for others. “Own Worst Enemy”) “The more that others didn’t stick up for you, the more you must stick up for yourself.” Hanson
6. Make it a “habit”. 
Lead with Love.
Act with Courage.
Live without Regret.
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